



MENTAL HEALTH IN THE WORKPLACE

ON SITE TRAINING

Who should attend – This training is aimed at Team Leaders, Supervisors and Managers.

Mental health awareness in the workplace has been steadily on the rise over the past decade. Each manager, supervisor and/or team leader should understand their legal and ethical responsibilities when dealing with a mental health issue in their team, and their obligations under WHS legislation. Mental health can impact an organisation in a number of ways. Establishing and proactively promoting a healthy workplace, whilst understanding your legal obligations, will enable an organisation to be on the front foot with this complex issue.

Topics covered:

- Benefits of a healthy workplace – the business case
 - Understanding mental illness
 - Understanding your legislative obligations
 - Common management challenges
 - Strategies to deal with mental illness in the workplace
 - Difficult conversations and positive outcomes
 - Performance and mental illness
 - Implementing healthy workplace initiatives
 - Accessing resources
- ⦿ **At any one time, 1 in 5 Australian employees are likely to be experiencing a mental health condition. Untreated depression results in more than 6 million lost working days each year in Australia. Research shows that for every dollar spent on mentally healthy workplaces, the average return on investment can be as much as \$2.30.**

All participants will receive a workbook and handouts and Certificate of Attendance.

Outcome:

By the end of the training session, attendees will have gained an understanding of mental illness in the workplace: its impacts and their obligations in managing people. They will also gain awareness of strategies for implementing healthy workplaces.

Allow 3 hours per Training Session

Venue:	On site	Max 30 participants per session
Cost:	Members:	Metro Area - \$1,400 (Plus GST) per session
	Non-Members:	Metro Area - \$1,600 (Plus GST) per session
		Regional Area - Travel Expenses extra

If you require further clarification please contact Barb or Carly on 8232 2820 or admin@pinnaclehr.com.au



MENTAL HEALTH IN THE WORKPLACE TRAINING REGISTRATION FORM

To register for training please complete the information below.

Then fax this form to Pinnacle HR on 8224 0107 or email to admin@pinnaclehr.com.au

Contact Name Position:

Organisation

Please tick: Member Non-Member

Street Address

Phone

Fax

Email

No of sessions required:

Preferred Date Time:.....am/pm

Estimate No of Participants per session

Preferred Date Time:.....am/pm

Estimate No of Participants per session

List any issues or topics you would like addressed in the session:

.....
.....
.....

I hereby understand and accept the Terms of Engagement:

.....
Signature Date

Cost: **Members:** Metro Area - \$1,400 (Plus GST) per session
Regional Area – Travel Expenses extra
Non-Members: Metro Area - \$1,600 (Plus GST) per session
Regional Area – Travel Expenses extra

PAYMENT

Payment can be made via cheque made out to PINNACLE HR or directly credited to National Bank, BSB 085 042, Account 639858737

Client Cancellation Policy:

1. All cancellations must be notified in writing to admin@pinnaclehr.com.au Registrations for Training may be cancelled up to five (5) working days prior to the Training date and participants will receive a full refund.
2. Registrations for Training which are cancelled with less than five (5) working days notice prior to the Training date will not receive a refund.
3. Where a participant does not attend the full training fee will be charged.
4. Where the participant cannot attend they may arrange for an alternative employee to attend by giving not less than two (2) working days notice.
5. Payment must be made not less than five (5) days prior to commencement of the Training.